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TIME AND BEAUTY

Adrian Bejan

J.A. Jones Distinguished Professor, Duke University, North Carolina, USA

ABSTRACT

Time and beauty are two of our most visceral perceptions. Yet, their nature is seldom questioned. In this lecture I will show why we feel that time flies faster as we get older. Perceived time, also called 'mind time', is different from clock time. In this context, time is another word for 'perceived change'. Next, we will discover that beauty is appealing because beautifully-shaped images are scanned faster by two eyes. To observe our immediate surroundings and to understand them faster is highly advantageous to survival; hence, in accord with the constructal law of flow design evolution in nature, there is an underlying evolutionary advantage to our efficient discernment for ideal ratios, shapes, and beauty at large. In the process, key questions to our cognition are answered from physics. Why does the mind 'try' to make sense of a new mental image? Why is there a natural tendency to organize a new input and mentally position it among past perceptions? Through physics, the general answer is this: to empower the individual with speed and clarity of thought, understanding, decision-making and more effective movement.

The lecture is based on the new book "TIME AND BEAUTY: Why time flies and beauty never dies", 2022.